

Adj down|| white | Ø145mm | 24° | 4000K |
500mA | no driver

ARTICLE NUMBER: 136-057

View this
product in
our
webshop



29.08.2026 - Disclaimer: information subject to change.



This rotate and swivel downlight offers optimum light output. The modern, white fixture is perfect for precise and flexible lighting adjustments in both commercial and residential spaces.

Key product features:

- **Adjustability:** Rotating and swivelling
- **Max. system power (W):** 20
- **Colour temperature (K):** 4000
- **Housing:** White
- **Outer diameter (mm):** 145
- **Built-in diameter (mm):** 120 - 140
- **Connection type:** Other

Technical specifications:

Product Name	Adj down white Ø145mm 24° 4000K 500mA no driver
Ean	8714984932166
Outer box qty	18st
Lamp type	LED not exchangeable
Lamp holder	None
Housing colour	White
Housing material	Aluminium
Material cover	Glass transparent
Connection type	Stripped wire
Height/depth	102mm
Outer diameter	145mm
Built-in length	- - -mm
Built-in width	- - -mm
Built-in height	102 - -mm
Built-in diameter	120 - 140mm

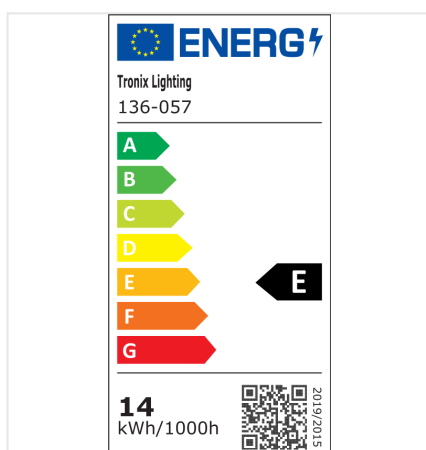
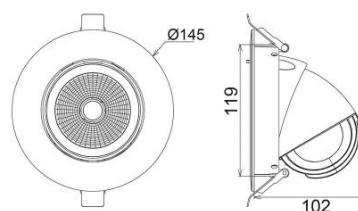
29.08.2026 - Disclaimer: information subject to change.

Suitable for built-in mounting	Yes
Suitable for surface mounting	No
Suitable for pedestal/floor mounting	No
Suitable for wall mounting	No
Suitable for ceiling mounting	Yes
Suitable for light-track mounting	No
Suitable for clamp-mounting	Yes
With movement sensor	No
With presence detector	No
With light sensor	No
Colour of light	White
Colour consistency (McAdam ellipse)	SDCM6
Colour of light adjustable	No
Reflector colour	Silver
Colour temperature	4000K
Colour rendering index CRI	80-89
Luminous flux adjustable	No
Light outlet	Direct
Beam angle	21-40° - Medium beam
Beam angle adjustable	No
Voltage type	AC
Nominal voltage	40 - 40V
Nominal current	0 - 360mA
Light distributor	Reflector
Light distribution	Symmetric
Connectable conductor cross section	0.75 - 2.5mm²
Type of control gear	LED operating device current-controlled

29.08.2026 - Disclaimer: information subject to change.

Exchangeable control gear	No
With control gear	No
Degree of protection (IP), front side	IP30
Degree of protection (IP), rear side	IP20
Surface protection	Lacquered
Impact strength	IK02
Rated lifetime L70/B50 at 25 °C	50000h
Max. system power	20W
Rated luminous flux according to IEC 62722-2- 1	0 - 1650lm
Luminaire efficacy	110 - 110lm/W
Power factor	1
Suitable for lamp power	0 - 0W
Dimming method	Optional
Surface brushed	No
Emergency power supply system	None
Emergency function monitoring system	None
Adjustability	Rotating and swivelling
Unified Glare Ratio (UGR)	16.9
Reflector	High-gloss
Warranty	5 years
Ambient temperature	-20 - 45°C

29.08.2026 - Disclaimer: information subject to change.



29.08.2026 - Disclaimer: information subject to change.